



Shriram Gram Vikas Shikshan Sanstha, Nagpur

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(Junior / Senior)

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(NAAC ACCREDITED)

Best Practices

2018-19

1. Nirbhaya Beti Self Defence Skill:

Nirbhaya Beti Self Defence Mission programme is being run in the college under the Physical Education Department. The chief purpose of this programme is to make the girls students bold, fearless and tough so that they could defend themselves in the time of any crises. Under this scheme the girls are taught, judo karate and taekwondo. In our college we have a large playground, the girls are trained. When one group of ten girls is trained they train another group of girls. Thus in this scheme near about hundred girls are being trained. Thus the girls' personalities are moulded in this best practice. As we mentioned above the chief motto of this programme is to make the girls self reliant, self sufficient and bold and tough.





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1. Best Practices

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Preface to the Best Practice

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Nirbhaya Beti Self Defence Skill:

Objectives:

1. To inculcate the habit among the girls of becoming strong and bold.
2. To make the girls always alert whenever they are out of their houses.
3. To inculcate the habit of physical exercise among the girls.
4. To inspire girls they also have self pride and honour.
5. To teach girls they should not depend upon others in the time of crisis.

Context:

1. Self defence is the need of time
2. The girls must become self reliant strong and optimistic.
3. Girls like to learn the skill of self defence through the sports like Taekwondo, Karate
4. Girls like to be helpful to others through their secret learning skill.
5. Day by day the crimes against girls are increasing

Evidence of Success:

1. Many girls in the college started learning the skill of Taekwondo, Karate
2. More than four girls have won the medals and belts in Taekwondo, Karate
3. These four girls began teaching the skill of self defence to other girls in the college and in the society.
4. The girls have reached state level Taekwondo, Karate competition and won it
5. The girls became interested in the male domain game and skill.



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The girls are demonstrating their skill of self defence



The girls are learning the skill of Self Defence



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2. Best Practice

Growing of Basil Plants by Scattering Seeds in the Open Space:

Preface:

Since we all know that the basil plant is an Ayurvedic plant. It is used as medicinal Plant. And it also yields more oxygen than any other plant. And it grows easily anywhere and anyplace especially in the rainy season. In this best practice the students are asked to collect the basil seeds and then to scatter it in the open space nearby to the college premises and nearby to their villages. The purpose is that the whole premises in the college or of nearby college would be full basil plants. And the students as well as the students would get pure oxygen wherever they would go and come either to college or to their villages.





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Objectives:

1. To grow more and more basil plants
2. To make proper use of the open space and barren space.
3. To make students and people to understand the importance of basil seeds and plants
4. To keep students engage in the environmental activities.
5. To help to reduce the air pollution nearby of the college and of the villages also.

Context:

1. Proper use of the basil seeds
2. To keep the environment clean and safe
3. To provide students and people pure oxygen
4. To make students the importance of the basil plant
5. To keep busy students in the environmental activities.





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Evidence of Success:

1. The students voluntarily take part in this eco-friendly activity.
2. The college premises have many basil plants.
3. The principal and the management appreciate such eco-friendly activity.
4. Many students have also begun this activity in their villages.
5. The premises of college have become lush green and pollution free.

